

CCA Type	CCA Name	CCA Training Days					Remarks
		Mon	Tues	Wed	Thurs	Fri	
Clubs & Societies	English Literary, Drama & Debate Society (ELDDS)				3.30-6.00pm (Com Lab 3, D2-07 & D2-05 classroom)		[extra training during competition period]
	Interact Club				3.30-5.30pm (1 Respect classroom)		Board of Directors' meetings on Mondays if needed. Ad-hoc weekend and night activities as determined by the Rotaract club and community partners.
	Digital Media Club		3.30-5.30pm (Com Lab 1 & 2)		3.30-6.00pm (Com Lab 1 & 2)		Tuesday trainings only for selected students only.
	Prefectorial Board (Not available for Sec 1s)	3.30-5.30pm (Com Lab 4)					
	Youth Flying Club				3.30-6.00pm (Com Lab 4, D&T Workshop 1, D2-04 & C2-04 classroom)	2.00-4.00pm (D&T Workshop 1, School Field & ISH 2, Com Lab 4, D2-04 & C2-04 classroom)	Additional training during competition period (Mondays)
Performing Arts	Chinese Dance				3.30-6.00pm (AVA Room)		Extra training on Friday for SYF prep. if needed.
	Chinese Orchestra		3.30-6.00pm (All sections except percussion) (Music Room/AVA Room/IT Room 3/D3-06, D3-05, D3-04 & D3-03 classrooms.)		3.30-6.00pm (Music Room)		Additional weekday for SYF period.
	Gamelan Ensemble		3.30-6.00pm (Gamelan Room)		3.30-6.00pm (Gamelan Room)		
	Guitar Ensemble		3.30-6.00pm. (IT Room 1 & 2)		3.30-6.00pm. (IT Room 1 & 2)		
	Malay Dance		3.30-5.30pm (Spectrum 2)		3.30-5.30pm (Spectrum 2)		For SYF prep, training hours are 3.30-6.30pm
	Badminton		3.30-6.00pm (Boys, School Hall)		3.30-6.00pm (Girls, School Hall)	1.00-3.30pm (Mixed, School Hall)	

Sports & Games	Cross Country		3:30-6:00pm (Woodlands Stadium)		3:30-6:00pm (Woodlands Stadium)		Pre-NSG period (Jan-Mar): Mon, Wed & Fri Post-NSG period: Tue & Thu Sec 1s: Max. of 3 times/week
	Netball (Girls)				3.30-6.00pm (Parade Square)		Additional trainings on Tuesdays during NSG period.
	Table Tennis		3.30-5.30pm (Spectrum 1)		3.30-5.30pm (Spectrum 1)		
	Rugby (Boys)		3.30-5.30pm (School Field)		3.30-5.30pm. (School Field)		
	Touch Rugby (Girls)		4.00-6.00pm (School Field)				
	Volleyball	3.30-6.00pm [Girls] (ISH 2)	3.30-6.00pm (Boys) (ISH 2)		3.30-6.00pm (Girls&Boys) [ISH lvl 1 & 2]		Additional trainings during NSG period.
Uniformed Groups	National Cadet Corps (Land)					2.15-6.30pm (Report at Noticeboard area)	Occasionally other weekdays/weekends as determined by respective HQ programmes
	National Civil Defence Cadet Corps (NCDCC)					2.30-6.30pm 4RSP, 4ITG & 4CMT Classrooms (Block B Level 3 classrooms) Roadside along Block B, C, D (Foot drill) Parade Square / (Foot drill / Physical Training)  **Venues dependant on the Weekly Training Schedule	
	National Police Cadet Corps (NPCC)					2.30-6.30pm (ISH 1)	
	Red Cross Youth					2.30-6.00pm (Report at the car porch by 2.20pm in track pants and RCY shirt)	