

Evergreen Cross-Country

New Secondary 1
CCA Information



Who We Are



Middle-distance

4-5 km



Our Reputation

Discipline

Diligence



Our Achievements 2022



National Schools Games Cross-Country

- B Div Boys Team 5th place
- B Div Girls 5th place
- C Div Boys 7th place
- B Div Boys Individual 20th (Micah Chen)
- B Div Girls Individual 15th (Ng Kai Rou)
- C Div Boys Individual 10th (Austin Joseph Roji)

Our Achievements 2022



National School Games Track & Field

- B Div Boys 800m 10th position (Matthias Ong)
- B Div Girls 3000m 16th position (Ng Kai Rou)

Graduates 2022

Gan Le Kai

- DSA-JC ACJC

Ng Kai Rou

- DSA-JC ACJC

Stephanie Shin - DSA-JC EJC



National Exams 2022



N Levels

- Aaron Joseph Roji
- Polytechnic Foundation Programme

National Exams 2021

THE HELE

O Levels

- Ng Kai Rou
- Gan Le Kai
- Gregory Lee
- Amos Jaw
- Joseph Tan
- Sean Phang

- 5 Distinctions
- 6 Distinctions
- 6 Distinctions
- 7 Distinctions
- 7 Distinctions
- 7 Distinctions

Our Values

CROSS

Self-management

Responsibility

Strength of character



Our Program



Main Season Training

- @Woodlands Stadium
- @MacRitchie Reservoir
- @Bedok Reservoir



Our Program

Off-season Training

Cross-training with latebloomer sports

Teambuilding activities





Leadership Principles



Conduct oneself well before leading others

Positive peer influence



Partnerships

SportSG through the School Sports Partnership



Partnerships

Parents



Thank you very much Teachers in-charge of EVG Cross Country - Mr John and coach - Mr Eugene, (ex-teachers Mr Chua & Mr Mark).

We're parent of Muhd Nabil. He have recently graduated from EVG this year and as a Ex Team Captain of ECC, have gain much knowledge and experience to be a better runner and most importantly to be a well discipline young man.

We're truly grateful and happy that his contribution and achievements bring pride and honour to EVG Cross Country Club.

Please continue to cultivate the new generation runner as what you have done with Nabil and past runners

We will still encourage Nabil to come back EVG and share his experience that he pick up frm NJC cross country/track & field.

We will take our leave from this Group and thank you for every effort and sacrifice for the runners in EVG CC team.

All The Best!

4:02 pm

Thank you Mr John and coach - Mr Eugene. 4:

4:03 pm

Many thanks to Mr John, Coach Eugene, Mr Chua & Mr Mak for nurturing Zheng Ting for training him to be a better runner, leader & scholar

Partnerships

Alumni connection

Captains of
Hwa Chong Institution
Anglo-Chinese JC
Anderson-Serangoon JC







